



MENTAL COACH PRO

Athlete Intro Bio Form

This questionnaire will help me get to know you a little better. Please answer as accurate and comfortably as you can.

Client Name: _____

Email: _____

Phone Number: _____

Birthday and Age: _____

School and Grade: _____

Grade Point Average: _____

Club or Organization: _____

Position: _____

Most Favorite School Topic: _____

Least Favorite School Topic: _____

Hobbies: _____

Siblings and Ages: _____

Best Friend(s): _____

Favorite Food: _____

Favorite Artist: _____

Favorite Team: _____

Favorite Player: _____

Player You Most Resemble and Why: _____

Goals as a Soccer Player:

Strengths as a Soccer Player:

Weaknesses as a Soccer Player:

Something you would like to see change in yourself as a Soccer Player:

What would you like to gain from your Mental Coaching Performance experience:
